DISCIPLINE
WITH DIGNITY

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If I had a super power, it would be...

Invisibility

What’s your Motive?

Read a Person’s Motive

Fly
Richard Curwin

• Co-author of *Discipline with Dignity*
• Started teaching in a 7th grade classroom of boys that were out of control
• Led him to a career specialization in school discipline
Allen Mendler

- Doctorate in Psychology
- Served as school psychologist and psycho-educational consultant
- Co-author of *Discipline with Dignity*
Goals

- Effective Communication
- De-fusing potentially explosive situations
- Reducing Violence
- Preparing Children for their Future
- Valuing and Protecting Opportunities for Learning
Big Ideas

Don’t embarrass students. Always treat them with dignity.

Dealing with student behavior is part of the job.

Fair is not always equal.

Look for long-term solutions, not quick fixes.
Big Ideas

- Discipline works best when integrated with effective teaching practices.
- Adults see it as their professional responsibility to make positive, consistent connections with students.
3 Dimensional Approach to Creating Discipline with Dignity

- **Prevention:**
  - What can be done to prevent problems from occurring?

- **Action:**
  - What is to be done once problems occur to solve the problem without making it worse?

- **Resolution:**
  - What can be done for the student misbehaving?
Consequences in the Classroom

- Be consistent. Always use a consequence.
- State the rule and the consequence.
- Make eye contact.
- Be physically close to the student.
- Use a soft voice.
- Catch the student being good.
- Be firm.
- Don’t accept excuses or whining.
12 Guidelines on how to use Discipline with Dignity in your classroom

1. Let students know what you expect.
2. Provide instruction at levels that match student ability.
3. Listen to what the students are thinking and feeling.
4. Use humor.
5. Vary your style of presentation
6. Offer choices.
8. Legitimize behavior that you cannot stop.
9. Use hugs and touching to communicate with kids of all ages.
10. Be responsible for yourself and allow kids to take responsibility for themselves.
11. Realize and accept that you cannot reach every kid.
12. Start fresh everyday.
Tips for the Classroom

- Always interact with students in a way that preserves their dignity.
- Provide interesting activities, opportunities for academic success, and encouraging feedback to students who are behaviorally at-risk.
More Tips!

- Give students control of the events that happen to them.
- Students cannot learn responsibility without choices and the opportunity to make mistakes and learn from them.
Practice Challenge #1

- Brayden-9th Grade Texting in Class
  - Don’t confront him right away, then confront him one-on-one (don’t go out of your way)
  - If he finishes his work now, he can have 3 minutes of phone time later.
  - “You are in control of your decisions”
  - Text now and do your work at home OR do your work now and have time to text at the end
Practice Challenge #2

- Kiki & Shayal - 5th Grade Cheating
  - Speak with each student separately
  - Explain the seriousness of the consequences that come from cheating
  - Explain the discipline, what they think their punishment should be
  - “You are in control of your decisions”
  - Start fresh the next day, don’t hold it against them
+ Student-centered model
+ Focuses on preventative measures
+ Designed to help the behaviorally-at-risk student
- May have too much emphasis on student-control
- A lot of teacher planning and work
Sources

- http://coedpages.uncc.edu/sputman/6202/Example%20presentation.pdf
- http://www.metu.edu.tr/~e133376/project/Discipline%20With%20Dignity.htm
- *Discipline with Dignity* by: Richard Curwin and Allen Mendler